* A theory
* A model
* A research paradigm
* The “Big Idea” holding a group of smaller ideas together.

Approach

Method 

* A list of procedures of precisely how to do something.
* A syllabus.
* An inventory of things a learner should master.



Questions

* How should the language be presented?
* How should the language be sequenced?
* How much focus should be placed on the various language skills?
* What specific learning activities are appropriate in the classroom?

Technique 

* A task.
* A classroom activity.